

Meadowview Family Resource Center

Call us if you need the following:

- Safe Sleep Baby Workshop
- Homework Help - by appointment
- Car Seat Safety Workshop

Mini Minds: a class for parents and children ages 2-5 that works to develop their social, emotional, and motor skills through play!

Grupo M.A.M.A.S.: Free ongoing support group for Spanish-speaking ladies. This group is an opportunity to meet other mothers who share the same love for crafting

NPP/SA: Parenting classes following Nurturing Parenting Program - Infant Toddler Preschool curriculum.

MPAP : Parenting class following Make Parenting a Pleasure curriculum

To sign up for a class call us at
(916) 394-6300
and check our Facebook
<https://www.facebook.com/meadowviewbirthandbeyond>

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